

Follow Up Lessons总览

Follow Up Lessons Overview

学习目标：本课将帮助你：

1. 系统认识并熟悉基本造就1-7的材料
2. 透过本课的强调和讨论，期待能协助在造就中更好的传递

主要经文：彼前5：1-4

Goal: this class will help you:

1. Know and be familiar with the Follow-up 1-7 course.
 2. Through this content and discussion make our discipleship using this curriculum more transferrable
- Key verse: 1 Peter 5:1-4

一：基本造就的预备 Preparation of follow-up

1. 造就者有渴慕被神使用的心。（彼前5：1-4）
2. 造就者用4SL分享过得救确据，被造就者有得救的确据
3. 被造就者对神有渴慕，并愿意生命经历改变
 1. Disciple have a heart willing to be used by the Lord. (1 Peter 5:1-4)
 2. The disciple has already shared the assurance of salvation in Four Spiritual Laws, and the one being disciplined has the assurance of salvation.
 3. Disciple has a desiring heart for God, and his/her life is willing to be changed by the Lord.

二：基本造就的材料 Content of FU

造就一：名称：开始你在基督里的新生命

内容：新的儿女与父的关系、永生的生命、新的历程

注意：关注对方是否有得救确信，及罪的完全赦免，永生的正确认识

（参考问题：你确信你耶稣已赦免你过去现在将来所有的罪吗？

你知道你现在就有永生吗？怎么知道？）

温馨提示：你可以邀请他一起参加教会的聚会，可以借给他些见证，如：我是怎么样成为基督徒

Follow-up 1: Beginning Your New Life with Christ

Content: relationship between Father and children, eternal life and new journey.

Note: pay attention on your disciple's assurance of salvation, and see if he/she has correct understanding of fully forgiveness of sin and eternal life.

Reference questions: Do you truly believe that Jesus has forgiven all the sins you did in the past, right now and future? Do you know you have eternal life now? How do you know?

Tips: You can invite him/her to go to church together, borrow some booklets of testimony to him, like: How I became a Christian.

造就二：名称：开始你与基督相交的新生命

内容：相交与关系的区别、三种圆圈所代表的三种人、认罪

注意：罪得赦免的确据（约一1：9）建议有实际行动：用几分的时间来祷告求神让你想起生命中不讨他喜悦的地方，你的思想行动，单独写在一张纸上，请祷告并承认你的罪，

然后用约一1：9经文覆盖，然后撕掉！

温馨提示：鼓励他与同学分享自己成为基督徒了，介绍他认识其他的基督徒

Follow-up 2: Beginning Your New Life in Fellowship With Christ

Content: Differences between relationship and fellowship, 3 cycles represent 3 kinds of people and confession.

Note: Assurance of forgiveness (1 John 1:9), take action: spend a few minutes to pray, ask God to help you to recall the sinful behavior and mind you had before, write it down on a paper and confess to the Lord and tear it up.

Tips: introduce him to other Christians, encourage him to tell his friends that his is a Christian.

造就三：名称：开始你在圣灵里的新生命

内容：属灵呼吸、圣灵充满（小册子）

注意：鼓励学习后回去再读一次小册子，并在生活中应用，如果可以建议读约翰14-15-16

温馨提示：分享你最近传福音的经历，并告诉他怎么样使用，邀请他尝试一起参与。

Follow-up 3: Beginning Your New Life in the Holy Spirit

Content: spiritual breath and filled with Holy Spirit (the booklet)

Note: encourage him to read the booklet again after the study and practice it in life. Suggest him to read John 14-16.

Tips: share your lately experience of how to use 4SL with others and invite him to do it together.

造就四：名称：开始你在基督里成长的新生命

内容：成长三要素：祷告、查考圣经、顺服

注意：第五、六课会更详细分享关于祷告和读经

温馨提示：分享信徒相交的重要性，也同他强调安全问题（但是由于安全原因进团契之前必须征求XX的意见）

Follow-up 4: Beginning Your New Life of Growth in Christ

Content: 3 elements of growth: pray, study Bible and obedience.

Note: FU-5 and FU-6 will talk more about pray and study Bible.

Tips: let him know why having fellowship is important for a believer, and also let him know the PR issue. (because of the PR issue, ask for _____'s suggestion before invite him to the weekly meeting.)

造就五：名称：开始你在神话语上的新生命

内容：观察解释应用的查经法

注意：使用例子或者你最近的读经来鼓励他制定实际可行的读经计划（建议约翰福音）

温馨提示：你可以买个本子送给他做读经本

Follow-up 5: Beginning Your New Life in God's Word

Content: learning OIA Bible Study method.

Note: share how do you study Bible with him and encourage him to make a study Bible plan (suggest to use the Gospel of John)

Tips: you can buy a notebook for him to help him study Bible.

造就六：名称：开始你在祷告里的新生命

内容：敬拜赞美、感谢、认罪、明确的祈求

注意：在课程时花时间同他一起操练，并分享神在你的明确祈求中给你的回应的见证
温馨提示：在安全许可的条件下邀请他参加祷告会；借给他一些关于男女关系/婚姻的CD/TAPE预备下一课的学习。

Follow-up 6: Beginning Your New Life in Prayer

Content: praise and worship, thanksgiving, confession, and pray request.

Note: Spend some time to practice with him in this lesson, and share how God answered your pray request lately.

Tips: Invite him to join prayer meeting and lend some CD/DVD about boy and girl relationship to him to prepare for the next lesson.

造就七：名称：你的新生活两性关系中的彰显

内容：性行为的等候、立志清洁的心

注意：给对方一个安全，接纳的空间分享，一起立志持守圣洁（对特别是已经谈恋爱，告诉他圣经真理是我们该做的，但是不用替对方决定）

温馨提示：一起分享并开始为理想的伴侣祷告。

Follow-up 7: YOUR NEW LIFE IN RELATIONSHIP WITH THE OPPOSITE SEX

Content: Waiting for sex, keep a pure and holy heart.

Note: Provide a safe and acceptance sharing environment, aspire to live a holy life. (Especially for the disciple who is in a relation, tell him the Biblical truth, but do not make decision for him.)

三：后记 Postscript:

- 1、造就1-7是最基本的造就材料，但是每个初信者所必须的，虽不能解决满足所有人的问题及需要，但是你要确信神可以使用它来叫人成长！

FU 1-7 is the basic material for discipleship and necessary for every new believer. It may not match everyone's needs and question, but you need to have faith that God can use it to help people grow.

- 2、你的生命、你的祷告、你对他的爱、对神的确信都会在你的造就中透露出来，别忽视你带给他的影响。

Your life, your prayer, your love for him/her, and your faith in God will show up in your discipleship. Do not underestimate the impact you have on him/her.

- 3、神允许人有不同的反应（可4：3-9），如有离开请别沮丧，祷告神你能找到忠心可交托的生命，也继续装备、使用你成为倍增者。

God allow people have different response (Mark4:3-9), please do not feel upset if someone chose to leave. Pray for God for giving you the people who are faithful and teachable, and prepare them to be the spiritual multiplier.

务要牧养在你们中间神的群羊，按着神的旨意照管他们；不是出于勉强，乃是出于甘心；也不是因为贪财，乃是出于乐意；也不是辖制所托付你们的，乃是作群羊的榜样。

Shepherd the flock of God that is among you, exercising oversight, not under compulsion, but willingly, as God would have you; not for shameful gain, but eagerly; not domineering over those in your charge, but being examples to the flock.